

PINNACLE BEHAVIORAL HEALTH

ANGER MANAGEMENT GROUP

Ages 20+ · Co-Ed

Previous members have this to say this about the Anger Management Group:

“Don’t quit, keep going, it does work, don’t get discouraged”

“If you have a bad temper, take the course it will change your life!”

“Go for it, get the learning and learn how to transfer your anger to happiness!”



CHANGE YOUR LIFE.
Come Join the Group!

Learn to Handle Conflict /Manage Stress /Learn Effective Anger Control

FRIDAYS FROM 10:00AM to 11:00AM
Starting Friday January 15th · Runs for 8 Weeks

Chaired by Jamie Coscia, LCSW,
Rocco Pezzulo, B.S

For information and to register, call
(518) 689-0244 extension 22 for *Rocco*



1 Pinnacle Place, Suite 102, Albany, NY 12203

INSURANCE ACCEPTED