

**12  
WEEK  
GROUP**

## **LIFE IS A JOURNEY. HOW'S YOURS GOING?**

### **ARE YOU FEELING SPIRITUALLY STUCK?**

Do you often find yourself thinking, "There must be more?"

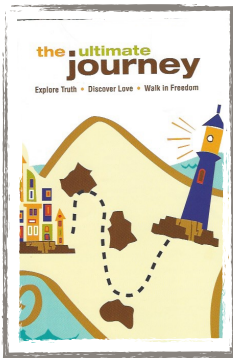
### **HAS SOMETHING HAPPENED THAT IS HOLDING YOU BACK?**

Is there something in your life you don't know how to "get over" or "get past"? Are you struggling with depression, anxiety, anger, or addiction? Have you experienced emotional, physical or sexual abuse? Were you abandoned? Are you the casualty of a divorce? Did someone close to you die? You're not alone. There is hope.

### **ARE DIFFICULTIES IN YOUR LIFE NEGATIVELY AFFECTING THE PEOPLE AROUND YOU?**

Do you ever say or do something and then ask yourself, "Why did I do that?" Do you find yourself hurting the very people you love the most? Unfortunately hurting people often hurt people. You don't have to be a slave to your emotions or circumstances any longer.

Most people still believe the negative voices of their past rather than what God says about them. Through *The Ultimate Journey* you will be able to exchange the lies for the truth so you can see yourself as God sees you. As a result, you will experience wholeness and walk in true freedom that will transform your life.



## **THE ULTIMATE JOURNEY**

helps you learn how to love and cherish the parts of yourself that believe lies about yourself, and begin to embrace the truth of who you really are.

Each group is limited to 4 participants

Contact Julie Hanson with any questions or to register:  
[julie@juliehansonlcswh.com](mailto:julie@juliehansonlcswh.com) or 847-737-5277 x108