

CAGE-AID Questionnaire

“CAGE-AID” is an acronym formed from the italicized words in the questionnaire (**C**ut-**A**nnoyed-**G**uilty-**E**ye opener-**A**dapted to **I**nclude **D**rugs). The CAGE-AID is a simple screening questionnaire to identify potential problems with alcohol and/or illicit drug use or dependence. When thinking about drug use, include illegal drug use and the use of prescription drugs other than those used as-prescribed.

- Have you ever felt you should Cut down on your drinking?

- Have people Annoyed you by criticizing your drinking?

- Have you ever felt bad or Guilty about your drinking?

- Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (Eye opener)?

Scoring: Item responses on the CAGE are scored 0 or 1, with a higher score an indication of alcohol problems. A total score of 2 or greater is considered clinically significant.

Developed by Dr. John Ewing, founding Director of the Bowles Center for Alcohol Studies, University of North Carolina at Cahpel Hill, CAGE is an internationally used assessment instrument for identifying alcohol &/or substance use dependence (see “Alcoholism: The Keys to the CAGE” by DL Steinweg and H Worth; American Journal of Medicine 94: 520-523, May 1993.



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