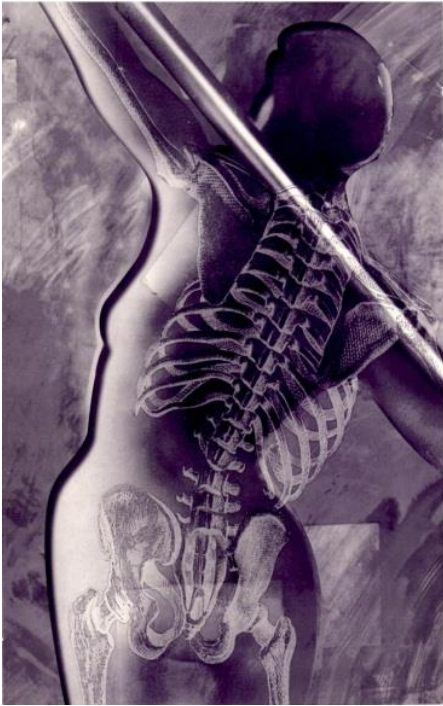




Body Technic Systems, Inc.®

- Presents -

## Kinescape®



A unique approach to somatic-based movement training, designed to help you connect to living in and functioning within your body.

Focused on somatic styles, interconnection, muscle/tone balance, joint systems, circulation, attention and intention, hands and feet, head to tail, torso.

Learn how to move with new – functionally balanced patterns of behavior. Connect to related muscle groups through energy and awareness exercises.

Applicable to everyday activities and performance processes.

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Developed and presented by Sunday Homitz, LPT, BFA. Dance

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