

Career Inventory Assessment

Find the career path that best suits YOU

- Do you sometimes feel like you are just going from job to job?**
- Do you at times feel lost, not knowing what to do with your life?**
- Do you felt “stuck” in your current position?**

If you answered “yes” to any of these questions, BZA Behavioral Health now offers Career Inventory Assessments to help you or your loved one find direction. The Career Inventory Assessment is a valuable tool that examines interests, skills, personality traits and values to discover what careers you are best suited for.

Studies have shown that career fulfillment is linked to overall well-being and that finding a career that has meaning has a positive effect on one’s mental health. Career “meaning” can translate to economic freedom, recognition for one’s work, and the opportunity to use one’s talents on a regular basis. Find out what it means for *you* at BZA.

Personalized Career Inventory Assessment Includes:

- a brief discussion with Dr. Niki Wood, Psy.D. about your career frustrations and goals
- a 45-minute assessment, supervised by our Clinical Psychology team (\$100, not billable to insurance)
- a short feedback session at our Schaumburg office to discuss the results of your assessment



Call BZA Behavioral Health
to schedule!

p: 847-221-5622

e: info@bzabehavioral.com

