

**Galactic Heritage
Peggy Black and the 'team'**

1.

We are here to embrace you as you continue to anchor the energies of great change into your reality. We can sense your fatigue in dealing with the struggles that are before you. We acknowledge that you have done this work and service for eons of time. You have repeatedly stepped into this dimension and this earth plane of physical manifestation to truly assist and support the lifting up and the transformation of misqualified energy.

You are aware of this and you continue to offer your own experience and emotions into the caldron of change. It is your dedicated service and awakened consciousness that is beginning to experience your own spiritual authority.

You are a being of great light and galactic heritage. It is time to claim ownership of your personal sovereignty. It is time that you allow yourself to remember who you truly are. A starbeing, encoded with the wisdom and the understanding that you are here on planet Earth to advocate, champion, encourage and promote life sustaining actions.

You have codes that have rendered you as victim, as servant, as somehow less than. Now is the time for you to be impeccably honest with yourself. Begin to investigate your beliefs, who gave them to you, where did you acquire them, notice how they became a part of how you view the world. These limited beliefs have colored how you act and react to your everyday life. They have limited you and held you back from experiencing a world which is loving, supportive, nurturing and fulfilling.

If there is a limited belief in any area of your experience it is a false belief. You are unlimited; you are a multidimensional galactic being of ineffable cosmic intelligence. It is your time to step into that understanding. Your actions and your knowledge are needed to support the true transformation of humanity.

Be gentle yet firm with yourself as you investigate any limited expression of who you think you are. Remember you are divine consciousness manifest in physical form. It is that physical form, your body, that allows you to interface with this dimension and this dense reality, yet you know that is only one small aspect of who you are. We will agree that while you are reading these words and accepting our invitation to review your perceptions and beliefs, it is this physical aspect that holds your focus.

Begin to embrace that you are always in several dimensions and timeframes simultaneously. Breathe that truth into every cell. Begin to own this truth in a way that your DNA is influenced.

Let's us suggest that your DNA is a biological internet which processes information from your physical reality as well as from the universe. It is the DNA which allows you to access cosmic consciousness and supports your expanded awareness and understanding of

yourself as a galactic being.

The DNA resides within the nucleus of every cell of your physical body. Now consider that there are over 100 trillion cells within your body. DNA is responsible for the function of every one of those 100 trillion cells. DNA is a genetic blueprint for every aspect of your physical form and it is also carries the galactic blueprint for your celestial form and aspect.

Your scientists are beginning to share their finding that DNA can be programmed. You as a multidimensional being can begin to activate light codes within your own personal DNA. Biologists have discovered that your DNA is and can be affected by the emotional vibrations that you are experiencing and offering. Your emotional vibrations either allow this energy to bathe each cell or hinder this life force. Emotions such as fear, anger, guilt, judgment or blame close off a cell's receptivity to this life giving energy.

So it is especially powerful when you place your awareness and focus on your heart center and generate feelings of gratitude and appreciation as well as joy. Every cell is bathed in this influential force of coherent vibrations. Every cell is nurtured by the energy of divine consciousness flowing freely. Every aspect of your physical body is renewed and allowed to expand and open to the incredible possibilities the universe is offering.

When this is continually practiced with clear intention and dedication, the DNA that is so called "asleep" is activated and portals or doorways to the higher dimensions become available. Galactic wisdom and the understanding of your true nature begin to be revealed.

This recognition comes to you as a true star being, here to experience this dense reality and to be a part of a new understanding and consciousness coming forth for all. Consider, imagine and allow the thought that you are the carrier of genetic patterns from the galactic families for not only does your DNA carry codes and blueprints from your physical ancestors, it also carries DNA codes of your galactic ancestors.

It is time for you to own and acknowledge yourself as a being of pure conscious energy who happens to be dwelling in a physical body seemingly locked in a certain time frame and a certain dimension. Let us offer a simple example: consider your automobile; it takes you from place to place, yet you can park this vehicle and move about in totally different locations without this automobile.

We invite you to begin to practice parking your physical body in a safe place and begin to allow yourself to energetically move to totally different locations, time frames and dimensions. Use your imagination here, play with this suggestion, and engage in the possibilities. Practice altering your consciousness which allows for the opportunity to journey into new realms. Remember you are a member of high standing in the celestial realms, you are multidimensional, you carry DNA patterns from the stars.

Also begin to consciously support and enrich your energy body. Imagine drinking in the force field offered by nature, or the night sky. Consciously offer gratitude from your heart

to your divine self, your higher consciousness, this process opens the portal for you to welcome more light energy into your physical body which also strengthens your light body. And it is with your light body, your conscious vehicle, that you travel wherever you place your focus. It just takes a little practice. It just takes willingness to let go of the programmed limited beliefs that would keep you tethered to what you think is real.

We honor you as a member of the galactic family, here to support and assist in the transformation of consciousness and graduate to a higher dimension without so many limitations and restrictions. Welcome and allow your codes of light held within your DNA to be triggered and activated. Bathe your cells and your energy body with conscious love, gratitude and acceptance. Invite this as often as possible. Focus on this and call it forth. Now is the time. Remember you are not a victim, you are a victor.

In deep gratitude for your daily service to this unfolding. Your evolution is being supported and witnessed by the entire galaxy. Acknowledge yourself for your work in transforming any challenge or limited beliefs about self and who you truly are in the calling forth and anchoring a reality that is life sustaining.

We acknowledge you and offer our support in this cosmic drama in which you are playing an important role. Never underestimate yourself; when in partnership with your multidimensional aspect and awareness you are powerful beyond measure.

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PS. I love this quote and it certainly feels appropriate with this transmission.

Be Humble ... for you are made of Earth.

Be Noble ... for you are made of Stars.

Serbian Proverb