

_____ Message from the "team" _____

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This is Who You Are Peggy Black and the "team"

We are here offering guidance, embracing you with gratitude as you own and express your unique multidimensional gifts while anchored in this dense reality. As you observe your reality there are areas that appear the same and yet you can sense that there is a subtle difference. There is a wave of unfolding potential that has been flowing slowly beneath collective awareness that is beginning to be recognized by more and more individuals.

You dear one are anchoring this new potential. You are calling it forth. You are aware that reality is more malleable than you ever thought. It is not as solid as you have been taught or programmed. It is pure potentiality, pure possibility awaiting your focused imagination. This is who you are. You are a creator. You call forth the changes and welcome and allow the flow of synchronicity into this dimension. You are the focus.

The quantum field of pure energy and vibration awaits your clear impression. It is your dedicated focus, your clear and powerful imagining that allows new realities to unfold.

You are stepping out of the powerless and helpless mindset that has been the dominant energy in the collective consciousness for eons of your time.

You are beginning to honor the power of your imagination as you begin to envision the possible as actual. You are beginning to claim and own your multidimensional skills to sculpt and call forth a new reality for yourself and for the collective.

We have often acknowledged you as conscious alchemist, awake and aware of your creative potential and power. You live in a state of unlimited possibilities. Everything is composed of pulsing, vibrating strings of energy. This energy is either a wave or a particle, depending on the intention and the focus. This energy is always influenced by your will, intention and consciousness. Remember that energy follows thought.

This universe, this quantum field, will always respond to fit your picture of reality. Thoughts, beliefs, emotions, intentions and attention create your experience. Your creative potential is far greater than you realize, you possess the power to turn your intention into reality.

This universe, this quantum field, receives your vibrations and responds with a reality that matches. Your goal is always to be consistent, clear and focused. Remember your imagination is a powerful creative force, when you claim this power and infuse your imagination with your emotions especially your gratitude it does and will shape your reality.

When you set aside time for this conscious practice you will become highly skilled. Be patient with yourself especially with the active brain that continues to offer distractions. Use your tools which will quiet this inner chatter, or if it will not quiet just allow it to be in the

background. First allow your awareness to activate your solar plexus, located behind the navel, and also bring your focus in to your heart area; begin to generate feelings of gratitude. This will become easier with patience and practice.

Next allow your awareness to connect to the area in the center of your brain; envision the small pinecone shaped gland nestled between your two brain hemispheres.

This is your pineal gland often referred to as the third eye or the seat of the soul. It is the bridge between the physical and the non-physical worlds. It is the active key to your imagination and creation. It is the pineal gland that allows you to visualize or imagine other realities and visual constructs.

We invite you to connect more consciously with this center. It is both the pineal/pituitary glands that are your wireless connection and gateway to galactic knowing. It is the powerful source of ethereal energy for your light body.

We invite you to begin to direct your attention and focus to this area of your brain often as this conscious action will begin to infuse and activate this center. When you place your focus in your solar plexus and within your heart's field and partner with this third eye center you become a powerful alchemist working consciously in the quantum field of all possibilities. It is from this triad of partnership of these creative centers that you begin to imagine and call forth new realities.

We invite you to set aside the time to allow yourself to create as alchemist. Practice quieting the chatter within, breathing deeply and placing your awareness in the center of your brain, the center of your heart as well as in your solar plexus. Begin to sense or see these three centers connected by a path of light vibrations. Imagine your solar plexus lighting up and the vibrations of gratitude beginning to flow from your heart, and imagine this triggers your pineal gland to become an image projector on the screen of the quantum field. Envision your new realities, your new self, and a new global future.

Be engaged, active and excited. Remember it is important that this practice is fun. Play with this, be lighthearted and in your joy while in this creative space. There are no limitations here in this field of all possibilities. Your action will begin to engage and activate the matrix. There is nothing in this universe that is not available to you.

With practice you will begin to free yourself from any limited bondage of old habits, old beliefs or lies you have been told. Be aware that as you begin this exercise it can trigger old memories from your childhood when you were shamed or invalidated because of your vivid imagination. Notice any old wounds that surface or impose limitations to your skill of imaging. Be kind to yourself if old memories and emotions arise, use sounds to express and clear any repressed emotions, remove the limitations and heal the wounds of shame and invalidation.

We know that with consistency you will develop great skills to envision awesome outcomes for yourself and your world. This is only another aspect of your unique gifts as a multidimensional being. Your action will begin to engage your future and as the timeline shifts it is accelerating your visions which are empowered by your gratitude to manifest more quickly.

We embrace you with our deep gratitude as you transform the challenges of your physical reality. We celebrate with you the life enhancing reality that you call forth; we are here to witness and support your powerful endeavors.

Remember the conscious and intentional use of imagination is your birthright and your source of power. When you understand the influence and true potency of your imagination in partnership with your emotions your will transform the world. the 'team'