



## STA/ISST CERTIFIED TRAINING CURRICULUM GUIDE

**INTRODUCTION TO SANDPLAY THERAPY - 18 Hours minimum, Includes, but is not limited to:**

<b>History and origins of sandplay</b>			
<b>Kalffian theory:</b> Meaning of the free and protected space	<b>Kalffian theory:</b> The role of the therapist	<b>Kalffian theory:</b> The healing nature of the sand itself	
<b>Practical considerations:</b> Creating and maintaining the collection	<b>Practical considerations:</b> Record keeping & photography	<b>Practical considerations:</b> Tray specifications	<b>Practical considerations:</b> Sand and water
<b>Introduction of sandplay to clients</b>			
<b>Initial trays</b>			
<b>Importance of symbols and the symbolic language of the unconscious</b>			
<b>Introduction to exploration of symbols</b>			
<b>Stages and themes of the sandplay process</b>			
<b>Differentiation of Kalffian sandplay from other uses of the sandplay and figures</b>			





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**CLINICAL SANDPLAY - 48 Hours minimum, Includes, but is not limited to:**

<b>In-depth sandplay case study</b>			
<b>Co-transference</b>			
<b>Work with children and parents</b>			
<b>Work with adults</b>			
<b>Termination</b>			
<b>Understanding sandtrays</b>			
<b>Review of trays with client</b>			
<b>Expanded discussion of sandplay process:</b> The transcendent function	<b>Expanded discussion of sandplay process:</b> Relativization of the ego	<b>Expanded discussion of sandplay process:</b> Constellation of the opposites	<b>Expanded discussion of sandplay process:</b> Manifestation of the Self
<b>The appearance of the body and psychosomatic themes</b>			
<b>Precautions, defenses and resistances.</b>			

