

# JOAN POLANSKY

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## TEACHING EXPERIENCE

2001-2004

### **ASSOCIATE PROFESSOR (ADJUNCT)**

NORTHERN ARIZONA UNIVERSITY, PHOENIX, ARIZONA

Taught: Research Methods, Assessment and Diagnosis, Practicum, Counseling Theories, Methods.

1994-2000

### **ASSISTANT PROFESSOR**

LEWIS AND CLARK COLLEGE, PORTLAND, OREGON

Taught: Mental Health Internship, Pre-internship, Pre-practicum, Theories and Philosophies of Counseling, Brief Therapies, Boundaries and Borders, Career Counseling.

1993-1994

### **PRE-DOCTORAL INTERN**

THE UNIVERSITY OF IOWA, IOWA CITY, IOWA

Taught: Practicum Seminar, Study Skills.

1990-1993

### **FACULTY ASSOCIATE**

ARIZONA STATE UNIVERSITY, TEMPE, ARIZONA

Taught: University Study and Survival Skills

## EDUCATION

1994

### **PHD COUNSELING PSYCHOLOGY (APA ACCREDITED)**

ARIZONA STATE UNIVERSITY, TEMPE, ARIZONA

Dissertation: Common and Specific Outcomes of an Evaluation of Substance Abuse Prevention Videotapes on Mexican-American adolescents. 1993.

1991

### **MC COUNSELING**

ARIZONA STATE UNIVERSITY, TEMPE, ARIZONA

Thesis: Experimental Construct Validity of study skills and career counseling on student retention 1991.

1986

**MA CULTURAL ANTHROPOLOGY**

TEMPLE, UNIVERSITY, PHILADELPHIA, PENNSYLVANIA

Thesis: Applied ethnography among the Pascua Yaqui: an Evaluation of the WIC Program 1986.

1979

**BS CULTURAL ANTHROPOLOGY**

NORTHERN ARIZONA UNIVERSITY. FLAGSTAFF, ARIZONA

**CLINICAL  
EXPERIENCE**

2003-PRESENT

**PSYCHOLOGIST, PRIVATE PRACTICE**

ARCADIA PSYCHOLOGY, SCOTTSDALE AND PHOENIX, ARIZONA

Provides individual and couples therapy

2007-2010

**SUPERVISOR**

LIFESCAPE, SCOTTSDALE, ARIZONA

Supervised a Resident

2005-2007

**SUPERVISOR**

SOUTHWEST NATUROPATHIC COLLEGE, TEMPE, ARIZONA

Supervised a Pre-doctoral Intern and a Resident

2001-2003, 2005

**STAFF PSYCHOLOGIST, COUNSELING AND CONSULTATION**

ARIZONA STATE UNIVERSITY, TEMPE, ARIZONA

Provided individual and couples therapy

Supervised a doctoral student

Conducted crisis assessment and intervention

1997-2000

**PSYCHOLOGIST**

NORTHEAST CATHOLIC COUNSELING CENTER, PORTLAND, OREGON

Provided individual and couples therapy

Conducted group supervision

Specialized in infertility and difficult pregnancies

1994-1997

**PSYCHOLOGY RESIDENT**

LEWIS AND CLARK COLLEGE, PORTLAND, OREGON

COUNSELING CENTER

Provided therapy for a wide range of concerns

Conducted crisis assessment and intervention

1993-1994

**PRE-DOCTORAL INTERN (APA ACCREDITED)**

THE UNIVERSITY OF IOWA, IOWA CITY, IOWA

UNIVERSITY COUNSELING SERVICES

Provided individual and couples therapy

Supervised practicum students

Adult Outpatient Psychiatry, Mood Disorders Clinic

1992-1993

**CONTRACT THERAPIST**

JEWISH FAMILY AND CHILDREN'S SERVICE, GLENDALE, ARIZONA

Conducted therapy with sexual abuse survivors

Provided couples therapy

**HONORS AND  
AWARDS**

1992

**ACADEMIC VICE PRESIDENT'S AWARD FOR TEACHING EXCELLENCE**

ARIZONA STATE UNIVERSITY, TEMPE ARIZONA

1992

**TEACHER OF THE YEAR AWARD NOMINEE, SIGMA CHI FRATERNITY**

ARIZONA STATE UNIVERSITY, TEMPE, ARIZONA

1990

**PRESIDENT'S AWARD HONORABLE MENTION**

AMERICAN PSYCHOLOGICAL ASSOCIATION, DIVISION 29

Cross-cultural Diagnosis: a matter of reliability and validity.

1988-1989

**ARIZONA REGENTS SCHOLARSHIP FOR ACADEMIC EXCELLENCE**

ARIZONA STATE UNIVERSITY, TEMPE, ARIZONA

1988

**ELECTION TO PHI KAPPA PHI HONOR SOCIETY**

ARIZONA STATE UNIVERSITY, TEMPE. ARIZONA

1984

**SCHOLARSHIP FOR ACADEMIC EXCELLENCE**

COLLEGE OF LIBERAL ARTS AND SCIENCES

TEMPLE UNIVERSITY, PHILADELPHIA, PENNSYLVANIA

**PUBLICATIONS**

Hogg, A., Merrin, L., Schulte, D., Caterino, L., Polansky, J., Hwang, B.J., (2014). Building a Psychology Training Community. *APPIC E-Newsletter*.

Horan, J.J. & Polansky, J. (1992). Behavioral Treatment. In V.B. Van Hasselt & M. Hersen (Eds.). *Handbook of behavior therapy and pharmacotherapy for children: a comparative analysis*. Boston: Allyn & Bacon.

Pidcock, B. & Polansky, J. (2001). Clinical practice issues in assessing for substance use disorders. In E.R. Welfel (Ed). *Clinical Practice Issues*. Pacific Palisades, California: Brookes Cole Publishing,

Polansky, J., Buki, L., Horan, J.J., Ceperich, S.D., & Burrows, D.D. (1999). The effectiveness of substance abuse prevention videotapes with Mexican American adolescents. *Hispanic Journal of Behavior Sciences*. 21, 2. 186-198.

Polansky, J. (1999). What I learned about self-care while being cared for. *The Counselor*, 10, 1-3.

Polansky, J. (1999). Learning about self-care. *The Neo-natal Intensive Care Newsletter*. 3, 5-7.

Polansky, J. (1999). Oregon Association for Counselor Educators and Supervisors News. Supervision Seminar Planned. *The Counselor*, 10, 6, 10.

Polansky, J. (1999). Oregon Association for Counselor Educators and Supervisors News. *The Counselor*, 10, 3, 13.

Polansky, J. (1999). Oregon Association for Counselor Educators and Supervisors News. *The Counselor*, 10, 7, 12.

Polansky, J. (1999). Highlights from John Briere's workshop. *The Counselor*, 9, 1, 10-11.

Polansky, J. & Horan, J.J., (1993). Psychoactive substance use in adolescents. In R.T. Ammerman & M. Hersen (Eds.). *Handbook of behavior therapy with children and adults: a longitudinal perspective*. Boston: Allyn & Bacon.

Polansky, J., Horan, J.J., & Hanish, C. (1993). Experimental construct validity of the outcome of study skills training and career counseling as treatment for at-risk students. *Journal of Counseling and Development*, 71, 488-492.

Olson, C.M., Horan, J.J., & Polansky, J. (1992). Counseling psychology perspectives on the problem of substance abuse. In S.D. Brown and R.W. Lent (Eds.). *Handbook of Counseling Psychology*. New York: John Wiley and Sons.

## REVIEWER

1997-1998

### **AMERICAN PSYCHOLOGICAL ASSOCIATION, DIVISION 17**

Reviewed conference proposals.

1997-1998

### **OREGON PSYCHOLOGICAL ASSOCIATION**

Reviewed conference proposals.

1995

### **ASSOCIATION OF WOMEN IN PSYCHOLOGY**

Reviewed conference proposals.

## LICENSES

**Arizona Psychologist License #3399**

**Texas Psychologist License # 34967**

## PRESENTATIONS

Polansky, J. (2014). Opening Remarks. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents. Arizona State University, Tempe, Arizona.

Polansky, J. (2008). Best practices in Supervision. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents. Arizona State University, Tempe, Arizona.

Polansky, J. (2007). Ethical issues and supervision. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents. Arizona State University, Tempe, Arizona.

Polansky, J. (2006). Legal and ethical issues pertaining to Supervision. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents. Arizona State University, Tempe, Arizona.

Polansky, J. (2005). Interpersonal Therapy. Presented to the Students at the Arizona Psychology Training Consortium, Phoenix, Arizona.

Polansky, J., Hanish, C, & Jones, C. (2003). Changes in the American Psychological Association Ethics Code. Presented at Counseling and Consultation, Tempe, Arizona.

Polansky, J. (2002). Interpersonal Therapy for Beginners. Presented at Counseling and Consultation, Tempe, Arizona.

Polansky, J. (1999). Supervising culturally diverse students. Division 17, Roundtable discussion. American Psychological Association, Boston, Massachusetts.

Polansky, J. (1999). Education verses Employee Models of Supervision. Presented at the Annual Meetings of the Oregon Counseling Association, Seaside, Oregon.

Polansky, J. & Sturm, C. (1998). Ethical issues in Supervision and Consultation. Presented at the annual meeting of the Oregon Psychological Association. Glen Eden, Oregon.

Polansky, J. (1998). Working Proactively with Troublesome Practicum Students. Guided Discussion at the Annual Meeting of the American Psychological Society. Washington D.C.

Polansky, J., Golstein, S., George, T., Schneider, J., & Sauer, E. (1998). Training Issues Arising from College Counseling Center Diversity. Presented at the annual meeting of the American Psychological Association. San Francisco, California.

Polansky, J. (1998). Both Sides of the False Memory Debate. Presentation for Continuing Education. Lewis and Clark College. Portland, Oregon.

Polansky, J. (1996). The False Memory Debate: both sides now. Guest Lecturer. George Fox University, Newburg, Oregon.

Polansky, J. (1996). Limitations Caused by Confidentiality: ethical concerns on a college campus. Presentation at Human Department. Lewis and Clark College, Portland, Oregon.

Hackett, G., Morrow, S., Urbanski, L., McWhirter, E., Olson, C., & Polansky, J., (1996). Relations to Variants of Feminist Counseling. Paper presented at the annual meeting of the American Psychological Association. Toronto, Canada.

Polansky, J. (1995). Teaching Psychotherapists the Ethics of Our Teaching. Presented at the annual meeting of the Society for Psychotherapy Research. Vancouver, British Columbia.

Polansky, J. (1994). The Psychological and Emotional Development of entering college students. Presented at Parent's Orientation at The University of Iowa.

Enns, C.Z., Corkery, J., McNeilly, C., Polansky, J., Giblett, M., Stockman, A. (1994). The False Memory Debate: implications for psychologists, clients, and relationships with outside communities. Presented at the Big 10 Counseling Center Conference. Chicago, Illinois.

Polansky, J., Horan, J.J., & Hanish, C. (1993). Experimental Construct Validity of Interventions for Retaining at risk Students. Presented at the annual meetings of the American Psychological Association. Toronto, Canada.

Polansky, J., Horan, J.J., Buki, L., Kornfield, S., Ceperich, S.D., & Burrows, D.D. (1993). General and specific effects of substance abuse prevention videotapes. Presented at the annual meetings of the American Psychological Association. Toronto, Canada.

Polansky, J. (1990). Cross-cultural diagnosis: An Issue of Reliability and Validity. Presented at the annual meetings of the American Psychological Association. Washington, D.C.

## **PROFESSIONAL MEMBERSHIPS**

1988-PRESENT

### **AMERICAN PSYCHOLOGICAL ASSOCIATION**

2005-2014

### **ARIZONA PSYCHOLOGY TRAINING CONSORTIUM**

Board Member 2005-2014

Co-director of Training 2005-2007

Arizona Supervisor's Conference Committee 2005-2014

2000-2011

### **ARIZONA PSYCHOLOGICAL ASSOCIATION**

Continuing Education Committee 2003-2005

2003-2009

### **CATHOLIC DIOCESE OF PHOENIX**

Clinical Review Panel for Sex Abuse Allegations.

1998-2000

### **OREGON BOARD OF LICENSED PROFESSIONAL COUNSELORS**

Board Member

1995-2000

### **OREGON COUNSELING ASSOCIATION**

President 1998-1999

1997-2000

### **OREGON PSYCHOLOGICAL ASSOCIATION**



